

# Every pound you give becomes two

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From 23–30 June 2025,  
every donation to stem4  
through the Big Give will be  
matched, at no extra cost to  
you. That means twice the  
support for young people  
facing anxiety, depression,  
self-harm, and more.

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Donate via Big Give:  
23–30 June 2025



Thanks for  
saving my life. I  
was feeling  
suicidal today, and  
my counsellor  
recommended this  
to me.

This is seriously  
the best app I've  
ever used.  
Period. It saved  
my life. Thank  
you, thank you

This saved  
my life more  
than once ❤️

**stem4**  
supporting teenage mental health



**NCHO**