

SUPPORTING THE MENTAL HEALTH OF YOUNG PEOPLE

stem4 WEBINARS FOR TEACHERS 2021

Monday 26 April 2021
from 3pm – 4pm via Zoom

A series of three webinars on Anxiety, Depression and Resilience providing teachers with psychological tools to support students over the pandemic and beyond.

SESSION 2 - DEPRESSION

This seminar aims to provide educational professionals with a greater understanding about depressive disorders, how they may present in educational settings, ways to engage and discuss depression within an educational context, resources and simple tips to support and help. There will also be an introduction on ways to educate students about depression using the stem4 Head Ed resource, including setting the scene, content and discussion points.

This 1 hour seminar will comprise of a mix of presentation and discussion as well as an optional 30 minutes of Q&A with Dr Krause following the session.

This seminar is suitable for - teachers and educational professionals working with Key Stage 3, 4 and college level students.

To register for the Depression Webinar on 26 April 2021, please click on the link below:

<http://bit.ly/stem4W4TSdepression>

To register for our future webinars please click on the links below:

Resilience - Monday 24 May 2021
<http://bit.ly/stem4W4TSresilience>

