Write some more examples on the reverse. Have Fun!

SHOLDSHIMO BUD

POSITI

24

NKING

POSITIVE EMOTIONS

CIIVII

JIHARA KRAUSE

LIEALTHY PRACTICE

www.mindyour5.co.uk



Further examples:

	н			
	•••			
	•			
	Α			
	••••••			
	Ρ			
	r			
	•••••			
	Ρ			
11				
 .	V			
	T			

www.niharakrause.co.uk

© Dr Nihara Krause 2015