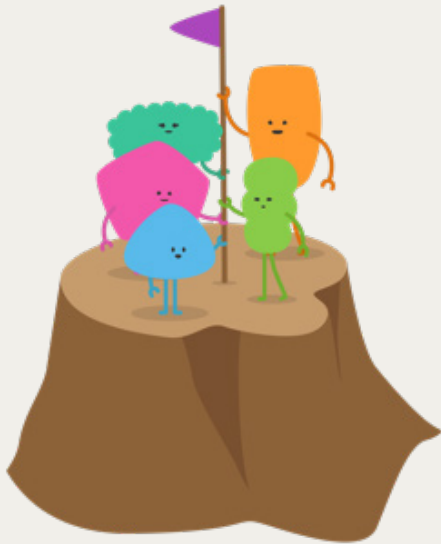




COMBINED MINDS

PARTNER TO CLIMB TALL

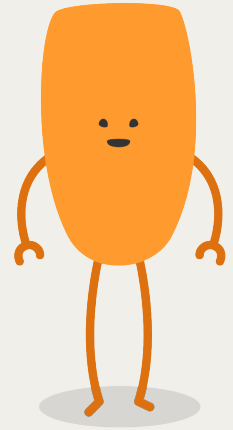
A shared harness can balance or protect a climber and help catch them when they fall



The free Combined Minds app helps families and friends support the mental health of a young person in their life by providing useful tips.

It uses a 'Strengths-Based' approach which focuses on the positive attributes of the person and builds on resourcefulness.

Partner with a young person to help them climb tall.



The stem4 Combined Minds app is available as a free download from App Store and Google Play.

Please note the app is an aid in treatment but does not replace it.

www.combinedminds.co.uk @combmindsapp
#combinedminds #partnertoclimbtall

Developed by stem4 - registered Charity No. 1144506

stem4
supporting teenage mental health

