



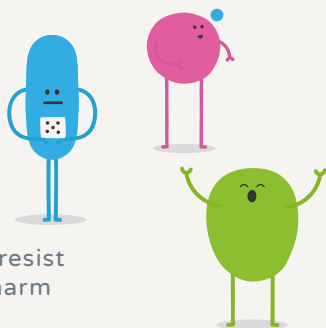
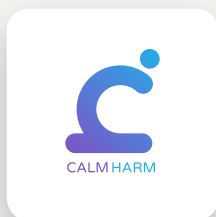
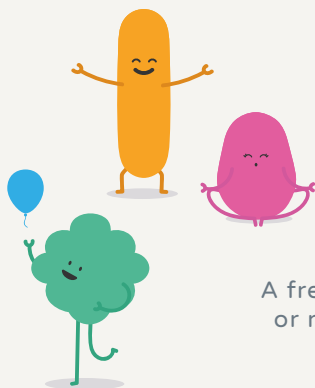
stem4i

supporting teenage mental health



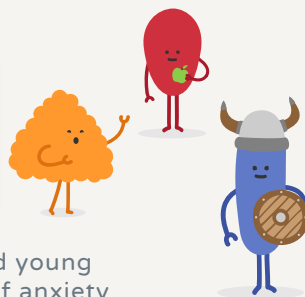
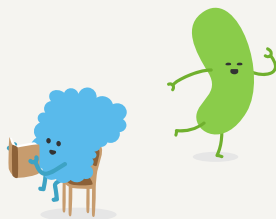
Award-winning digital portfolio supporting
the improvement of teenage mental health

www.stem4.org.uk



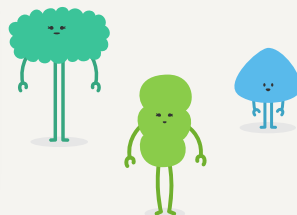
A free app to help teenagers resist or manage the urge to self-harm

www.calmharm.co.uk



A free app to help children and young people manage the symptoms of anxiety

www.clearfear.co.uk



A free app to help families and friends provide mental health support

www.combinedminds.co.uk

For further information about our digital portfolio or to find out how to get involved with stem4, please email:

enquiries@stem4.org.uk