

Free webinar 25th of January at 7pm

## Creating Positive Relationships webinar

Join us for our free 'Creating Positive Relationships' Webinar for Parents and Carers on the 25th of January at 7pm, in advance of stem4's Parent Mental Health Day 2024 .

If you are a parent whose relationships have flatlined, or need a reboot, listen as we share how to help your relationships to flourish. Expert speakers and young people with lived experience will focus on concepts of Connecting, Playing and Resting (#CPR) to offer practical tools to help you in [#CreatingPositiveRelationships](#).

Sign up today at:

<https://bit.ly/PMHD2024>



PARENT MENTAL HEALTH DAY  
27th of January

Scan here



[#stem4PMHD](#)

[#CreatingPositiveRelationships](#)