For Health Professionals





Experienced

A 10-year-old, clinically-led mental health and health inclusion charity that offers young people (and those that care for them) more options to support their mental health, based on clinically effective and safe interventions.



Safe

All stem4 resources
are clinically
developed and
reviewed and are
compliant with current
NHS regulations for
clinical safety, privacy,
and security.



Co-Designed

Informed by young people and expert user experience insights at every step, stem4 continues to create apps and other resources that are downloaded and used globally—almost 3 million app downloads to date. (April 2022)



Promotes Health Inclusion

stem4 offers both printable resources for those that are digitally excluded or uncertain or anxious about online privacy and security, as well as offline learning events to promote good mental health.



Responsive

stem4 is agile in its response to creating support for Children and Young People relating to current issues and has a range of downloadable resources.



Facilitates Mental Health Literacy

stem4 works alongside traditional health and education support, offers support to parents, and can provide training opportunities to advance the understanding of mental health issues and resources e.g., certain apps for specific health needs.



Easily Recommended

stem4 provides simple one-pagers and posters and can support the development of assets, such as accuRx templates to give primary care networks a means of easily 'prescribing' effective support.

For more information: stem4.org.uk Contact: enquiries@stem4.org.uk